

GUY'S KARATE SCHOOL

Unit 1/40 Bradmill Ave Rutherford
Shihan Lindsay 0499968389



Newsletter

We would like to welcome back all of our students and families. We look forward to seeing our classes grow and our students reach their potential. This Year we are introducing some exciting new ideas. WATCH THIS SPACE.

NEW TIMETABLE

We have added a few classes to our timetable. Please check that you are attending the correct class for your age group and be sure to log in to the computer on your arrival.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	4.00-4.30pm Little Ninjas 3-5yrs	4.00-4.30pm Little Ninjas 3-5yrs	4.00-4.30pm Little Ninjas 3-5yrs	Closed	8.45-9.30am Little Ninjas Little Samurai combined	Closed
4.30 -5.00pm Little Samurai 5-7yrs	4.30 -5.00pm Little Samurai 5-7yrs	4.30 -5.00pm Little Samurai 5-7yrs	4.30 -5.00pm Little Samurai 5-7yrs	Closed		Closed
5.00-5.45pm Karate Kids 8-12 yrs	5.00-5.45pm Karate Kids 8-12 yrs	5.00-5.45pm Karate Kids 8-12 yrs	5.00-5.45pm Tournament Class 5.45-6.30pm Traditional Weapons	Closed		Closed
6.00-7.30pm Seniors Karate 13+	6.00-7.00pm Seniors Karate 13+	6.00-7.30pm Seniors Karate 13+				

WORLD MARTIAL ARTS ALLIANCE

WMAA was formed to create a network for shared learning experiences which develops the heart, mind and body of our participants through the training of martial arts, built from a blend of traditional and modern day martial arts training.

We encourage all students to join for only \$10 per year. This includes a WMAA patch, special training sessions and camps at a discounted price. If you would like to join please see Shihan or Jenny.

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TUITION FEE INCREASE

As of 1st March 2020 all tuition fees will increase by \$10 per month per student.

The price increase is minimal and something we must do in order to continue to provide you with the quality you've come to expect.

We have family discounts for those with 2 or more people in the same family attending lessons. Please see Shihan or Jenny to discuss prices.

We also have introduced an unlimited lesson membership for those interested, please see Shihan or Jenny to discuss prices.

FUNDRAISING

GKS continues to fundraise towards our tournament team representing our club internationally. During the year we will be organising raffles, parties, movies nights and 100 clubs. Keep an eye on the whiteboard for more information.

GRADINGS

Gradings are held at the dojo every 3 months. These gradings cost \$40 which covers the new belt, a certificate, and the qualified people who will be grading our students. Please refer to the **What's on** page for grading dates and times.

REFERRALS

There will be an 'In-house Referral Program' for students to invite their friends to join our karate family, and there will be some fantastic rewards. Watch this space.....

BIRTHDAY PARTIES

Did you know you can have your birthday at Guys Karate school? See our website or Jenny for more information.

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TOURNAMENTS

Guy's Karate School offers a weekly tournament training class. This class enables students to put the karate skills they have developed into action. The GKS tournament classes have facilitated an extremely successful tournament team. Whether a student is competing in Traditional Forms (Kata), Kumite (combat/sparring), or an Extreme weapons/showmanship event, they will benefit greatly from this weekly class.

The class is open to and caters for students of any age or ability and has helped produce both Australian and World champions at tournament events across the globe. Please contact Shihan if you or your children are interested in joining these fantastic, skill developing classes.

Protective Gear:

-Mouthguard (mandatory for all classes) - \$9

-Headgear - \$45

-Sparring gloves - \$35

-Foot guards - \$35

-Foot and shin guards - \$45

-Groin guard - \$15

-Chest guard - \$50

-10% off GKS value package (headgear, sparring gloves and foot guards) these are essential for tournament class - \$103.50

Please see the **What's On** page for upcoming tournaments.

DOJO REMINDERS

All students are reminded to bring a water bottle to every lesson and put all shoes on the shelves provided.

Noise must be kept to a minimum while students are on the mat.

Strictly NO shoes are to be worn on the mat.

Please check the whiteboard every lesson for important messages and information

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WHAT'S ON

Date	Event	Time	Cost
23-2-2020	ISKA NSW Western Open in Bathurst	8.30am	Varies
8-3-2020	AMAC Tournament Sydney	8.30am	Varies
14-3-2020	WMAA Camp @ Jerry Plains Full day of seminars with award winning martial artists. Camping is available if you are staying overnight.	9.30am- 3.30pm	\$60 Includes lunch
21-3-2020	Oceania Title in Melbourne	9am	Varies
21-3-2020	Ninja To Nerf @ dojo	9.30- 10.30am	\$10
29-3-2020	ISKA NSW Open in Liverpool	8am	Varies
30-3-2020	Grading for Little Samurai's	4.30pm	\$40
31-3-2020	-Grading for Little Ninja's	4pm	\$40
	-Grading for Karate Kids	5pm	\$40
1-4-2020	Grading for Seniors	6pm	\$40
3-4-20	Movie Night @ dojo Bring pillow and blanket (optional)	7pm	\$8 Inc popcorn, drink and drink bottle
23-4-2020	Ninja To Nerf @ dojo	9.30- 10.30am	\$10
9-5-2020	Mother's Day Lesson – Bring your Mum/grandmother along for 1 hour of basic training. Let's show them how much we love them by training with them	10-11am	FREE
31-5-2020	ISKA Sydney City Open in Liverpool	8am	Varies
31-5-2020	AMAC Tournament in Coffs Harbour	8.30am	Varies
27-6-2020	Ninja To Nerf @ dojo	9.30- 10.30am	\$10
28-6-2020	ISKA Winter Open in Windsor	8am	Varies
4-7-2020	-Grading for Little Ninja's @ 8.30am	8.30am	\$40
	-Grading for Little Samurai's @ 9.15am	9.15am	\$40
	-Grading for Karate Kids @ 10am	10am	\$40
	-Grading for Seniors @ 11am	11am	\$40
18-7-2020	WMAA Camp @ Windsor Full day of seminars with award winning martial artists.	To be advised	To be advised
24-7-2020	Movie Night @ dojo Bring pillow and blanket (optional)	7pm	\$8 Inc popcorn, drink and drink bottle
26-7-2020	ISKA All Valley Open in Maitland	8am	Varies
9-8-2020	AMAC Tournament in Port Macquarie	8.30am	Varies
23-8-2020	ISKA Illawarra Open in Wollongong	8.30am	Varies
5-9-2020	Father's Day Lesson – Bring your Dad/grandfather along for 1 hour of basic training. Let's show them how much we love them by training with them	10-11am	FREE
13-9-2020	ISKA Central Coast Open in Niagara Park	8am	Varies
21-9-2020	Grading for Little Samurai's	4.30pm	\$40
22-9-2020	-Grading for Little Ninja's	4pm	\$40
	-Grading for Karate Kids	5pm	\$40
23-9-2020	Grading for Seniors	6pm	\$40
29-9-2020	Ninja To Nerf @ dojo	9.30- 10.30am	\$10
16-10-20	ISKA 2020 World Cup 16 th -18 th OCT	Varies	Varies
21-11-20	ISKA Australian National Championships	Varies	Varies

**** December grading dates and times to be advised ****